



THE HOLY EUCHARIST
THE TENTH SUNDAY AFTER PENTECOST
August 2, 2026
10:00 AM

VISION STATEMENT

We seek to form Beloved Community, which is welcoming and diverse,
with Christian worship and service at the heart.

MISSION STATEMENT

We feed people in body, mind and spirit with the love of God, in the name of Jesus,
and by the power of the Holy Spirit.

CORE VALUES

Beloved Community + Loving Service + Sacred Space + Spirit Filled + Sustainability

THE GATHERING RITE

HYMN (*standing*)

All Who Hunger, Gather Gladly

ELW #461



- 1 All who hun-ger, gath-er glad - ly; ho - ly man - na is our bread.
- 2 All who hun-ger, nev - er strang - ers; seek - er, be a wel - come guest.
- 3 All who hun-ger, sing to - geth - er, Je - sus Christ is liv - ing bread.



Come from wil - der - ness and wan - d'ring. Here in truth we will be fed.
Come from rest - less - ness and roam - ing. Here in joy we keep the feast.
Come from lone - li - ness and long - ing. Here in peace we have been fed.



You that yearn for days of full - ness, all a - round us is our food.
We that once were lost and scat - tered in com - mu - nion's love have stood.
Blest are those who from this ta - ble live their days in grat - i - tude.



Taste and see the grace e - ter - nal. Taste and see that God is good.
Taste and see the grace e - ter - nal. Taste and see that God is good.
Taste and see the grace e - ter - nal. Taste and see that God is good.

OPENING ACCLAMATION

Presider Blessed be the one, holy, and living God.

People **Glory to God for ever and ever.**

Presider God be with you.

People **And also with you.**

Presider Let us pray.

People Almighty God, to you all hearts are open, all desires known
and from you no secrets are hid: Cleanse the thoughts of our
hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy Name;
through Christ our Lord. Amen.

SONG OF PRAISE

When Morning Gilds The Skies

H #427, vs 1-3

(standing)



1 When morn - ing gilds the skies, my heart, a - wak - ing, cries,
2 When mirth for mu - sic longs, this is my song of songs:
3 No love - lier an - ti - phon in all high heaven is known



1 may Je - sus Christ be praised! When eve - ning sha - dows fall,
2 may Je - sus Christ be praised! God's ho - ly house of prayer
3 than, Je - sus Christ be praised! There to the e - ter - nal Word



1 this rings my cur - few call, may Je - sus Christ be praised!
2 hath none that can com - pare with: Je - sus Christ be praised!
3 the e - ter - nal psalm is heard: may Je - sus Christ be praised!

COLLECT OF THE DAY *(standing)*

Presider God be with you.

People **And also with you.**

Presider Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

FROM THE HEBREW SCRIPTURES *(seated)*

Genesis 32:22-31

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Penuel, limping because of his hip.

Lector Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

PSALM 17:1-7, 16

Hear my plea of innocence, O God;

give heed to my cry;

listen to my prayer, which does not come from lying lips.

Let my vindication come forth from your presence;

let your eyes be fixed on justice.

Weigh my heart, summon me by night,

melt me down; you will find no impurity in me.

I give no offense with my mouth as others do;

I have heeded the words of your lips.

My footsteps hold fast to the ways of your law;

in your paths my feet shall not stumble.

I call upon you, O God, for you will answer me;

incline your ear to me and hear my words.

Show me your marvelous loving-kindness,

O Savior of those who take refuge at your right hand

from those who rise up against them.

But at my vindication I shall see your face;

when I awake, I shall be satisfied, beholding your likeness.

THE EPISTLE (*seated*)

Romans 9:1-5

I am speaking the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Lector Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

(standing)

- 1 Break now the bread of life, dear Lord, to me, as once you
2 Bless your own word of truth, dear Lord, to me, as when you
3 You are the bread of life, dear Lord, to me, your ho - ly



broke the loaves be - side the sea. Be - yond the sa - cred page
blessed the bread by Gal - i - lee. Then shall all bond-age cease,
word the truth that res - cues me. Give me to eat and live



I seek you, Lord; my spir - it waits for you, O liv - ing Word.
all fet - ters fall; and I shall find my peace, my All - in - All!
with you a - bove; teach me to love your truth, for you are love.

Presider The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Presider The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON

The Rev. Canon Britt Olson

THE NICENE CREED *said by all, standing*

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God,

Light from Light, true God from true God,
begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:
by the power of the Holy Spirit

he became incarnate from the Virgin Mary,
and was made human.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

The intercessor offers the petitions and all respond, Hear our Prayer.

THE CONFESSION OF SIN

Silence may be kept

All **God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

ABSOLUTION

THE PEACE

Presider The Peace of Christ be always with you.

People **And also with you.**

The People offer a greeting of peace to one another.

KIDS' WORD

ANNOUNCEMENTS, BIRTHDAYS, ANNIVERSARIES, AND SPECIAL PRAYERS

OFFERTORY HYMN One Bread, One Body

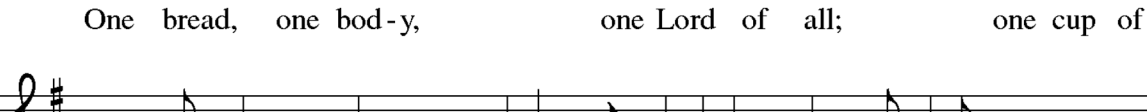
One Bread, One Body

H #488

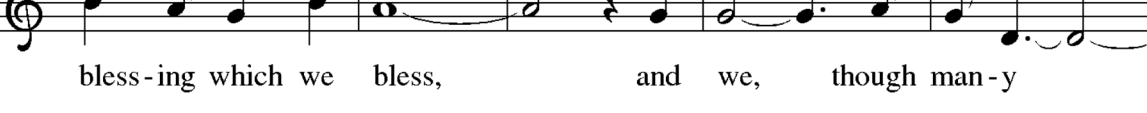
Refrain



One bread, one bod-y, one Lord of all; one cup of



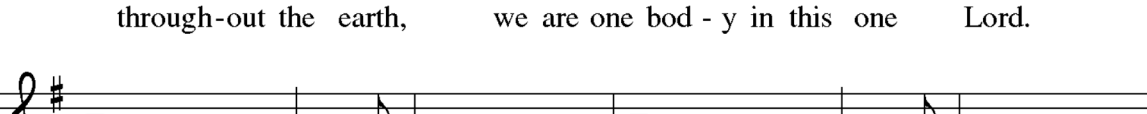
bles-sing which we bless, and we, though man-y



through-out the earth, we are one bod - y in this one Lord.



1 Gen - tile or Jew, ser - vant or free,
2 Man - y the gifts, man - y the works,
3 Grain for the fields, scat-tered and grown,



wom-an or man, no more.
one in the Lord of all.
gath-ered to one for all.

Refrain

DOXOLOGY HYMN

**Praise God from whom all blessings flow;
praise God, all creatures here below;
praise God above, ye heavenly host;
praise Father, Son, and Holy Ghost.**

THE HOLY COMMUNION

THE EUCHARISTIC PRAYER *(standing)*

Presider May God be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to God.**

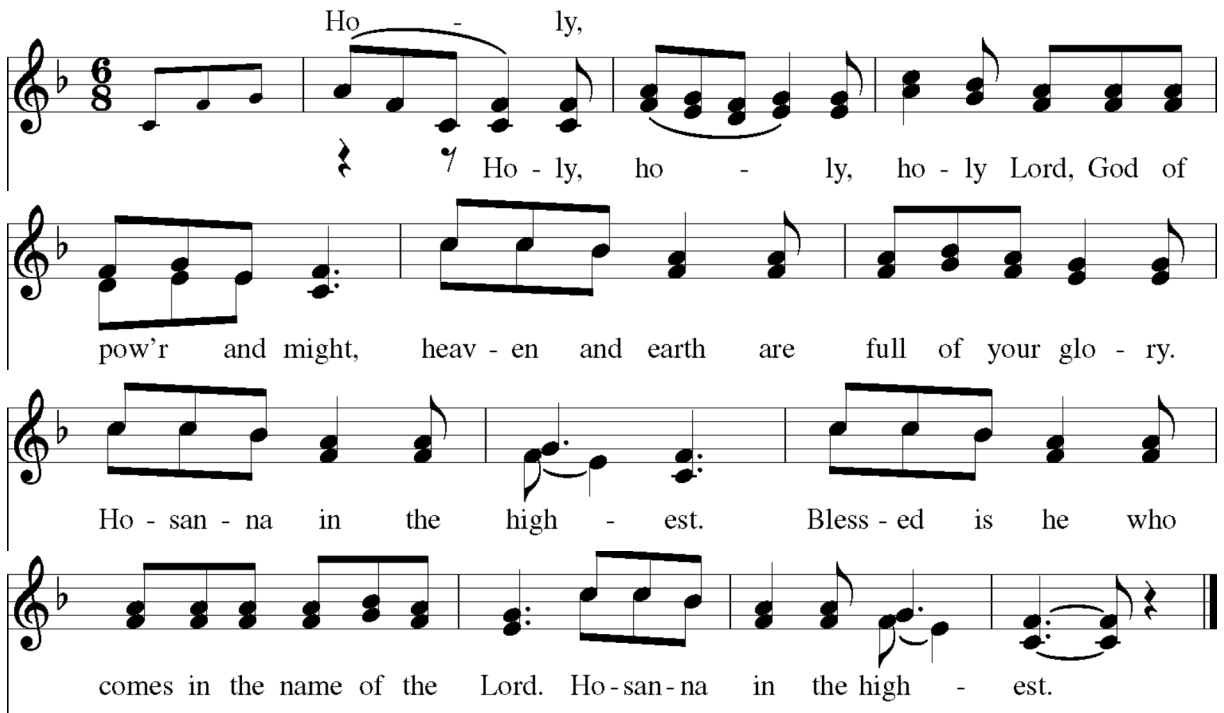
Presider Let us give thanks to One who created us.

People **It is right to give God thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, the Creator of heaven and earth...

The prayer continues until...

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Ho - ly, ho - ly, ho - ly Lord, God of
pow'r and might, heav - en and earth are full of your glo - ry.
Ho - san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est.

The prayer continues until...

Presider Therefore, let us proclaim the mystery of faith:

People **Christ has died. Christ is risen. Christ will come again.**

The prayer continues until...

Presider Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

People **AMEN.**

THE LORD'S PRAYER

Presider As Christ teaches us we now pray,

People **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. Silence may be observed.

Presider We break this bread to share in the body of Christ.

People **We who are many are one body, for we all share the one bread.**

PRAYER FOR THOSE WORSHIPING AT HOME

O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

THE INVITATION AND COMMUNION

Presider The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to the meal where Christ is present in bread and wine. The ushers will guide you to form a line up the center aisle. You may choose to receive a sealed packet containing both consecrated wine and wafer, or you may take a piece of bread and receive the common cup. Gluten free options are available.

THE CONCLUDING RITE

PRAYER AFTER COMMUNION *(standing)*

Presider Let us pray.

All **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

THE BLESSING

The Presider blesses the people.



1 O liv - ing Bread from heav - en, how well you feed your guest!
 2 My Sav - ior, you have led me with - in your ho - liest place,
 3 You gave me all I want - ed; this food can death de - stroy.
 4 Oh, grant me then, well-strength - ened with heav'n-ly food, while here



The gifts that you have giv - en have filled my heart with rest.
 and here your-self have fed me with trea - sures of your grace;
 And you have free - ly grant - ed the cup of end - less joy.
 my course on earth is length - ened, to serve you, free from fear;



O won-drous food of bless - ing! O cup that heals our woes!
 for you have free - ly giv - en what earth could nev - er buy,
 My Lord, I do not mer - it the fa - vor you have shown,
 and bring me home to praise you where none can peace de - stroy,



My heart, this gift pos - sess - ing, in thank-ful song o'er - flows!
 the bread of life from heav - en, that now I shall not die.
 and all my soul and spir - it bow down be - fore your throne.
 where I will ev - er raise you glad songs in end - less joy.

DISMISSAL

The Presider dismisses the People, who respond:

Thanks be to God. Alleluia. Alleluia. Alleluia.



Episcopal Learning Opportunity: Education for Ministry

Canon Britt has participated as a mentor for this program in the past for 10 years and highly recommends it. Please talk to her if you are interested.

The school of theology at the University of the South has created a four year course called Education for Ministry (EFM) designed to help create a more educated laity. The first year is the Old Testament; the second year is the New Testament; the third year is church history; and the fourth year is ethics and theology. You only commit to one school year worth of sessions at a time.

There is also a one year stand-alone EFM seminar called Wide Angle that can give you a taste of what EFM is about. All members of each year (and anyone taking Wide Angle) meet as a group weekly and spend time in prayer, study, theological reflection, and being present with one another on our spiritual journeys. Education for Ministry groups meet in person or online. Admission requires a solid commitment to attend the weekly seminars and spend 2-4 hours in study and preparation during the academic year (September-June).

Our Seattle group will have students doing their third year of study and we are hoping to add more students of any year to our group. We meet Mondays at 6:30pm at St. Andrew's Episcopal Church in the Green Lake neighborhood, beginning this September.

Sermon Roundtable and Men's Group from Rev. Vince

Since I've been away, I learned about a sermon-crafting process called the Sermon Roundtable. This is a group that meets once a week to review the previous Sunday's sermon, and ideate for the sermon that will be given two Sundays from then. I was in the group they have at Epiphany these last few weeks and it was quite helpful. Would you like to participate in such a group at St. Luke's? The plan is to meet Tuesday morning, but we can discuss that once we have the group.

Also, Rev. Brian and I are starting a Men's Group and would love for you to join. I recently watched a Rick Steve's episode on the Basque Country, and they have a long-running tradition of men gathering to cook and eat together. Is that what we need? It could be fellowship-focused or more study- and prayer-focused. Email or talk to Rev. Brian or me after service with your questions and thoughts.



St. Luke's Episcopal Church

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Find and "like" us on Facebook at St. Luke's Seattle so you're always up-to-date on what's happening in the parish. Feel free to share our events and posts with your friends!

You can contribute to St. Luke's and to Edible Hope, our meals ministry, by setting up auto-pay with our office, donating online from at the St. Luke's website, or via PayPal with a credit or debit card on your smartphone using this QR code:



Liturgical Ministers

Presider
Preacher
Musician
Technical Assistant
Worship Assistant
Prayers
Lectors
Greeter
Altar Guild

The Rev. Vince Booth
The Rev. Canon Britt Olson
Theresa Redmond
Eli Vanderbilt
Lauren Yoho
Jennifer Avignon
Bernadette Walcott & Brian Moore
Debbie Moore
Bernadette Walcott & Jo Burkholder