



THE HOLY EUCHARIST

THE THIRD SUNDAY OF LENT

March 8, 2025

10:00 AM

VISION STATEMENT

We seek to form Beloved Community, which is welcoming and diverse,
with Christian worship and service at the heart.

MISSION STATEMENT

We feed people in body, mind and spirit with the love of God, in the name of Jesus,
and by the power of the Holy Spirit.

CORE VALUES

Beloved Community + Loving Service + Sacred Space + Spirit Filled + Sustainability

THE GATHERING RITE

OPENING HYMN

Come to me, all pilgrims thirsty

ELW #777



- 1 "Come to me, all pil-grims thirst - y; drink the wa - ter I will give.
- 2 "Come to me, all trav-'lers wea - ry; come that I may give you rest.
- 3 "Come to me, be - liev-ers bur - dened; find re - fresh-ment in this place.
- 4 "Come to me, re - pen-tant sin - ners; leave be - hind your guilt and shame.



If you knew what gift I of - fer, you would come to me and live."
Drink the cup of life I of - fer; at this ta - ble be my guest."
Come, re - ceive the gift I of - fer, turn to me and seek my face."
Come and know di - vine com - pas - sion, turn to me, I call your name."

Refrain



Je - sus, ev - er - flow-ing foun - tain, give us wa - ter from your well.



In the gra - cious gift you of - fer there is joy no tongue can tell.

Words: Delores Dufner, OSB; Music: The Sacred Harp, Philadelphia, 1844; arr. Selected Hymns, 1985. Words © 1992, 1996 The Liturgical Press; Arr. © 1985 Augsburg Fortress.

THE ENTRANCE RITE

OPENING ACCLAMATION

Presider
People

Blessed be the God of our salvation:
Who bears our burdens and forgives our sins.

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e
 e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -
 le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

COLLECT OF THE DAY

Presider

God be with you.

*People***And also with you.***Presider*

Let us pray. Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

FROM THE HEBREW SCRIPTURES *seated*

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?"

But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Lector Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

PSALM 95

Come, let us sing to the Holy One; *

let us shout for joy to the Rock of our salvation.

Let us come before God's presence with thanksgiving, *

and raise a loud shout with psalms.

For you, O God, are a great God; *

you are great above all gods.

In your hand are the caverns of the earth, *

and the heights of the hills are yours also.

The sea is yours, for you made it, *

and your hands have molded the dry land.

Come, let us bow down and bend the knee, *

and kneel before God, our Maker,

For you are our God,

and we are the people of your pasture and the sheep of your hand, *

Oh, that today we would hearken to your voice!

Harden not your hearts, as your forebears did in the wilderness, *

at Meribah, and on that day at Massah, when they tempted me;

They put me to the test, *
though they had seen my works.

Forty years long I detested that generation and said, *
"This people are wayward in their hearts; they do not know my ways."

So I swore in my wrath, *
"They shall not enter into my rest."

THE EPISTLE *seated*

Romans 5:1-11

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

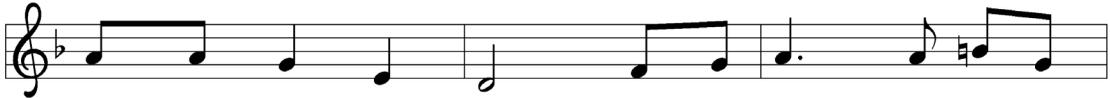
For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Lector
People

Hear what the Spirit is saying to God's people.
Thanks be to God.



1 Tree of Life and awe - some mys - t'ry, in your
 2 We re - mem - ber truth once spo - ken, love passed
 3 Christ, you lead and we shall fol - low, stum - bling



death we are re - born; though you die in all of
 on through act and word; ev - 'ry per - son lost and
 though our steps may be; one with you in joy and



his - t'ry, still you rise with ev - 'ry morn, still you
 bro - ken wears the bod - y of our Lord, wears the
 sor - row, we the riv - er, you the sea, we the



rise with ev - 'ry morn.
 bod - y of our Lord.
 riv - er, you the sea.

v. 6 Living water of salvation, be the fountain of each soul;
 springing up in new creation, flow in us and make us whole.

Words and Music: Marty Haugen. Words and music © 1984 GIA Publications, Inc.

THE HOLY GOSPEL *standing*

John 4:5-42

Presider The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her,

"Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life."

The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Presider The Gospel of the Lord.
People **Praise to you, Lord Christ.**

SERMON

The Rev. Vince Booth

NICENE CREED *said by all, standing*

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God,
Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made human.**

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

*The intercessor offers the petitions, all respond, **Hear our Prayer.***

THE CONFESSION OF SIN

Silence may be kept.

Presider and People

Most merciful God
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

ABSOLUTION

THE PEACE *standing*

Presider The peace of Christ be always with you.

People **And also with you.**

The People offer a greeting of peace to one another.

KIDS' WORD

ANNOUNCEMENTS, BIRTHDAYS, ANNIVERSARIES, AND SPECIAL PRAYERS

OFFERTORY HYMN

Abide with me *Special Music: Ellsley Gregory*



1. A - bide with me; fast falls the e - ven -
2. Thou on my head, in ear - ly youth didst
3. I need Thy pres - ence, eve - ry pass
4. I fear no foe, with Thee at hand
5. Hold Thou Thy cross, be - fore my clos -



tide; The dark - ness deep - ens; Lord with me a -
smile; And, though re - bel - lious, and per - verse mean -
hour. What but Thy grace, can foil the tempt - er's
bless; Ills have no weight, tears lose their bit - ter -
eyes; Shine through the gloom, and point me to the



bide. When oth - er help - ers, fail and com - forts
while, Thou hast not left me, oft as I left
power? Who, like Thy - self, my guide and stay can
ness. Where is thy sting death? Where grave thy vic - to -
skies. Heav'n's morn - ing breaks, and earth's vain shad - ows

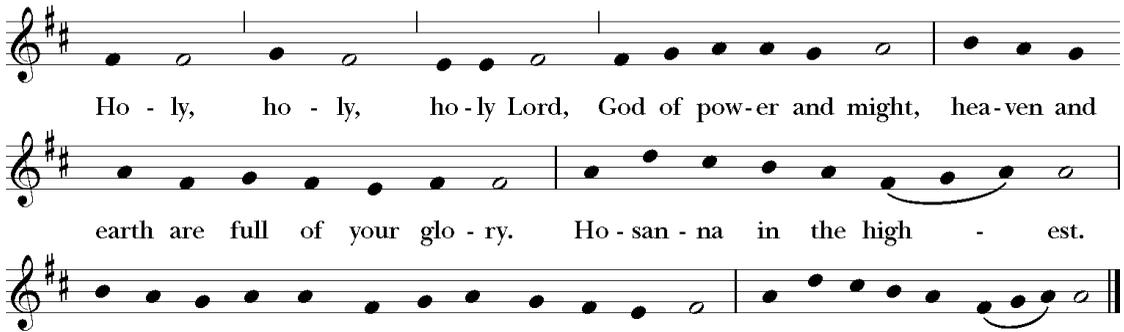


flee, Help of the help - less, a - bide with me.
Thee, On to the close Lord, a - bide with me.
be? Through cloud and sun - shine, a - bide with me.
ry? I tri - umph still, a - bide with me.
flee; In life, in death, Lord, a - bide with me.

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The prayer continues until

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



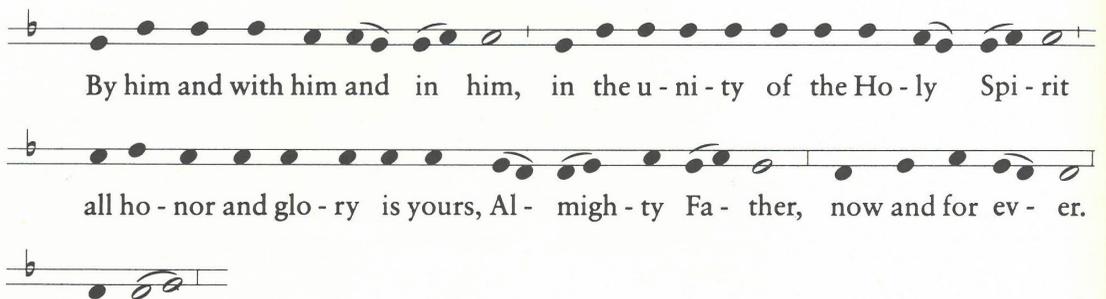
Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The prayer continues until

Presider Therefore we proclaim the mystery of faith:

All **Christ has died.
Christ has risen.
Christ will come again.**

The prayer continues until



By him and with him and in him, in the u - ni - ty of the Ho - ly Spi - rit
all ho - nor and glo - ry is yours, Al - migh - ty Fa - ther, now and for ev - er.
A - men.

THE LORD'S PRAYER

Presider As Christ teaches us we pray,

People and Presider

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. Silence may be observed.

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

PRAYER FOR THOSE WORSHIPING AT HOME

O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

THE INVITATION AND COMMUNION

Presider The gifts of God for the people of God: Holy things for Holy people

All are welcome to the meal where Christ is present in bread and wine. The ushers will guide you to form a line up the center aisle. You may choose to receive a sealed packet containing both consecrated wine and wafer, or you may take a piece of bread and receive the common cup. Gluten free options are available.

THE CONCLUDING RITE

PRAYER AFTER COMMUNION *standing*

Presider Let us pray.

All

**Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

THE BLESSING

The Presider blesses the People.



1 For all the faith-ful wom - en who served in days of old,
 2 Re - call the out - cast wom - an with whom our Lord con-versed:
 3 O God, for saints and ser - vants, those named and those un-known,



to you shall thanks be giv - en; to all, their stor - y told.
 Christ gave her liv - ing wa - ter to quench her deep - est thirst.
 in whom through all the a - ges your light of glo - ry shone,



They served with strength and glad - ness in tasks your wis - dom gave.
 Like hers, our hearts are yearn-ing; Christ of - fers us his word.
 we of - fer glad thanks-giv - ing and fer - vent prayer we raise



To you their lives bore wit - ness, pro-claimed your pow'r to save.
 Then may our lips be burn - ing to wit - ness to our Lord.
 that, faith - ful in your ser - vice, our lives may sing your praise.

Words: Herman G. Stuempfle, Jr.; Music: Finnish folk tune. Words: GIA Publications, Inc. Music: Public domain.

DISMISSAL

The Presider dismisses the People, who respond

Thanks be to God.

TODAY! The 2026 Spiritual Pilgrimage - *Ultreya!* at 11:30 am

This year we'll be taking the pilgrimage a step forward - *Ultreya!* People who are new to the faith and the church are encouraged to take part. Those who never had a chance to participate in the Spiritual Pilgrimage may now do so. And those who have completed one pilgrimage are invited to go further and serve as "companions on the way!" Meet after church at 11:30 am. We will also make the gathering available on Zoom.

Lenten Book Group Mondays at 4 pm, through March 30

For Such a Time as This: An Emergency Devotional, by Hanna Reichel
Everyone is invited to attend a weekly book group led by Canon Britt on Mondays at 4:00 pm. The book group will conclude on March 30 in Holy Week. Please send an email to Canon Britt, britt@stlukesseattle.org if you are interested in attending and/or would like to purchase the book.

20s/30s/40s and Family Gathering - March 15th

Join us from 3-5pm with childcare provided. All are welcome but conversation and connection will center around parenting and being families of faith. Meet at St. Luke's.

| Liturgical Ministers | |
|-----------------------------|-----------------------------------|
| Presider | The Rev. Canon Britt Olson |
| Preacher | The Rev. Vince Booth |
| Assisting Priest | The Rev. Brian Gregory |
| Deacon | The Rev. Vince Booth |
| Musician | Theresa Redmond |
| Worship Assistant | |
| Tech | Jake Senn |
| Prayers | Barbara Wilson |
| Lectors | Mike Heinrich, Bernadette Walcott |
| Greeter | Kari Bowles |
| Altar guild | Bernadette Walcott, Jo Burkholder |

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