



THE HOLY EUCHARIST TENTH SUNDAY AFTER PENTECOST

July 28, 2024
10:00 AM

VISION STATEMENT

We seek to form Beloved Community, which is welcoming and diverse,
with Christian worship and service at the heart.

MISSION STATEMENT

We feed people in body, mind and spirit with the love of God, in the name of Jesus,
and by the power of the Holy Spirit.

CORE VALUES

Beloved Community + Loving Service + Sacred Space + Spirit Filled + Sustainability

THE GATHERING RITE

HYMN *standing*

All Who Hunger

ELW #461



1 All who hun-ger, gath-er glad-ly; ho-ly man-na is our bread.
2 All who hun-ger, nev-er strang-ers; seek-er, be a wel-come guest.
3 All who hun-ger, sing to- geth-er, Je-sus Christ is liv-ing bread.



Come from wil-der-ness and wan-d'ring. Here in truth we will be fed.
Come from rest-less-ness and roam-ing. Here in joy we keep the feast.
Come from lone-li-ness and long-ing. Here in peace we have been fed.



You that yearn for days of full-ness, all a-round us is our food.
We that once were lost and scat-tered in com-mu-nion's love have stood.
Blest are those who from this ta-ble live their days in grat-i-tude.



Taste and see the grace e-ter-nal. Taste and see that God is good.
Taste and see the grace e-ter-nal. Taste and see that God is good.
Taste and see the grace e-ter-nal. Taste and see that God is good.

Words: Sylvia G. Dunstan; music: Music: W. Moore, *Columbian Harmony*, 1825; arr. hymnal version. Words © 1991 GIA Publications, Inc. Arr. © 2003 Augsburg Fortress. Used with permission under OneLicense #A-725886.

THE ENTRANCE RITE

OPENING ACCLAMATION

Presider Blessed be the one, holy, and living God.
People **Glory to God for ever and ever.**
Presider God be with you.
People **And also with you.**
Presider Let us pray. Almighty God, you know our thoughts and our desires; there is nothing we can hide from you. Enter our hearts today and by your Holy Spirit help us to truly love you as we glorify your Holy Name; through Christ our Lord. **Amen.**

SONG OF PRAISE

Joyful, Joyful

Hymnal #376



1 Joy - ful, joy - ful, we a - dore thee, God of glo - ry, Lord of love;
2 All thy works with joy sur-round thee, earth and heaven re - flect thy rays,
3 Thou art giv - ing and for - giv - ing, ev - er bless - ing, ev - er blest,



hearts un - fold like flowers be - fore thee, prais - ing thee, their sun a - bove.
stars and an - gels sing a - round thee, cen - ter of un - bro - ken praise.
well - spring of the joy of liv - ing, o - cean - depth of hap - py rest!



Melt the clouds of sin and sad - ness; drive the dark of doubt a - way;
Field and for - est, vale and moun - tain, bloom - ing mea - dow, flash - ing sea,
Thou our Fa - ther, Christ our Bro - ther: all who live in love are thine;



giv - er of im - mor - tal glad - ness, fill us with the light of day.
chant - ing bird and flow - ing foun - tain, call us to re - joice in thee.
teach us how to love each o - ther, lift us to the joy di - vine.

COLLECT OF THE DAY

Presider God be with you.

People **And also with you.**

Presider Let us pray. O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

THE FIRST LESSON *seated*

2 Kings 4:42-44

A man came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, "Give it to the people and let them eat." But his servant said, "How can I set this before a hundred people?" So he repeated, "Give it to the people and let them eat, for thus says the Lord, 'They shall eat and have some left.'" He set it before them, they ate, and had some left, according to the word of the Lord.

Lector Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

PSALM 145:10-19

All your works praise you, O God, *
and your faithful servants bless you.

**They make known the glory of your realm *
and speak of your power,**

That the peoples may know of your power *
and the glorious splendor of your dominion.

**Yours, O God, is an everlasting reign; *
your dominion endures throughout all ages.**

You are faithful in all your words *
and merciful in all your deeds.

You uphold all those who fall; *
you lift up those who are bowed down.

The eyes of all wait upon you, O God, *
and you give them their food in due season.

You open wide your hand *
and satisfy the needs of every living creature.

You are righteous in all your ways *
and loving in all your works.

You are near to those who call upon you, *
to all who call upon you faithfully.

THE SECOND LESSON *seated*

Ephesians 3:14-21

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

Lector Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

SEQUENCE HYMN *standing* Heleluyan (Alleluia)

WLP #783



He - le - lu - yan, he - le - lu - yan: he - le, he - le - lu - yan;
 Al - le - lu - ia, al - le - lu - ia: al - le, al - le - lu - ia;



he - le - lu - yan, he - le - lu - yan: he - le, he - le - lu - yan.
 al - le - lu - ia, al - le - lu - ia: al - le, al - le - lu - ia.

THE HOLY GOSPEL *standing*

John 6:1-21

Presider The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself. When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

Presider The Gospel of the Lord.
People **Praise to you, Lord Christ.**

SERMON

The Rev. Marda Steedman Sanborn

THE NICENE CREED *said by all, standing*

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God,
Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

*The intercessor offers the petitions and all respond, **Hear our Prayer.***

THE CONFESSION OF SIN

Silence may be kept.

All **God of all mercy,**
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

ABSOLUTION

THE PEACE *standing*

Presider The peace of Christ be always with you.
People **And also with you.**

The people offer a greeting of peace to one another.

KID'S WORD

ANNOUNCEMENTS, BIRTHDAYS, ANNIVERSARIES, AND SPECIAL PRAYERS

OFFERTORY HYMN

You Satisfy the Hungry Heart

ELW #484, vv 1-3

Refrain



You sat - is - fy the hun - gry heart with gift of fin - est wheat.




Come give to us, O sav - ing Lord, the bread of life to eat.



- 1 As when the shep-herd calls his sheep, they know and heed his voice;
- 2 With joy - ful lips we sing to you our praise and grat - i - tude
- 3 Is not the cup we bless and share the blood of Christ out-poured?
- 4 The mys - t'ry of your pres-ence, Lord, no mor - tal tongue can tell:
- 5 You give your-self to us, O Lord; then self - less let us be,

Refrain



so when you call your fam-'ly, Lord, we fol - low and re - joice.
that you should count us wor - thy, Lord, to share this heav'n-ly food.
Do not one cup, one loaf, de - clare our one - ness in the Lord?
whom all the world can - not con - tain comes in our hearts to dwell.
to serve each oth - er in your name in truth and char - i - ty.

Words: Omer Westendorf; music: Robert Kreutz. Words and music © 1977 Archdiocese of Philadelphia. Used with permission under OneLicense #A-725886.

DOXOLOGY HYMN

**Praise God from whom all blessings flow;
praise God, all creatures here below;
praise God above, ye heavenly host;
praise Father, Son, and Holy Ghost.**

THE HOLY COMMUNION

In the Holy Communion we experience the Real Presence of our Lord and Savior Jesus Christ. All adults and children who desire to receive are encouraged to come forward to receive.

THE EUCHARISTIC PRAYER

Presider God be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to God.**

Presider Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

The prayer continues until

And so this day we join with Saints and Angels
in the chorus of praise that rings through eternity,
lifting our voices to magnify you as we sing:

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
 heaven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Ho - san - na in the high - est.
 Blessed is he who comes in the name of the Lord. Ho -
 san - na in the high - est. Ho - san - na in the high - est.

The prayer continues until

Presider Through Christ and with Christ and in Christ,
 in the unity of the Holy Spirit,
 to you be honor, glory, and praise,
 for ever and ever. **AMEN.**

THE LORD'S PRAYER

Presider As Christ teaches us we pray,

All

**Our Father, who art in heaven,
 hallowed be thy name,
 thy kingdom come,
 thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. Silence may be observed.

We break this bread to share in the body of Christ.

We who are many are one body, for we all share the one bread.

PRAYER FOR THOSE WORSHIPING AT HOME

O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

THE INVITATION AND COMMUNION

Presider The gifts of God for the people of God: Holy things for holy people.

All are welcome to the meal where Christ is present in bread and wine. The ushers will guide you to form a line up the center aisle. You may choose to receive a sealed packet containing both consecrated wine and wafer, or you may take a piece of bread and receive the common cup. Gluten free options are available.

THE CONCLUDING RITE

PRAYER AFTER COMMUNION *standing*

Presider Let us pray.

All **Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

THE BLESSING

The Presider blesses the People.

1 God, my King, thy might con - fess - ing, ev - er will I
 2 Hon - or great our God be - fit - teth; who his ma - jes -
 3 They shall talk of all thy glo - ry, on thy might and
 4 Nor shall fail from mem - ory's trea - sure works by love and
 5 Full of kind - ness and com - pas - sion, slow to an - ger,

saints a - dore: King su - preme shall they con - fess thee,
 1 bless thy Name; day by day thy throne ad - dress - ing,
 2 ty can reach? Age to age his works trans - mit - teth,
 3 great - ness dwell, speak of thy dread acts the sto - ry,
 4 mer - cy wrought, works of love sur - pass - ing mea - sure,
 5 vast in love, God is good to all cre - a - tion;

1 still will I thy praise pro - claim.
 2 age to age his power shall teach.
 3 and thy deeds of won - der tell.
 4 works of mer - cy pass - ing thought.
 5 all his works his good - ness prove.

DISMISSAL

The Presider dismisses the People, who respond

Thanks be to God. Alleluia! Alleluia! Alleluia!



Sacred Spaces at St Mark's Cathedral July 8 - August 18

This summer, drop by your cathedral for a unique opportunity to experience its sacred spaces on Sunday afternoons, Monday evenings, and Wednesdays. Special activities will offer opportunities for: Quiet contemplation, Self-guided and docent-led tours, Live music recitals, Art experiences, Yoga, Children's corner activities, Special pop-up offerings.

Learn more at www.saintmarks.org/sacredspaces. Special tour opportunities are available for congregations. Email pilgrimage@saintmarks.org.

September 14 Ordination and Consecration Choir - Save the Date!

God willing and the majority of Bishops and Standing Committees consenting, our diocese will ordain and consecrate The Rev. Phil LaBelle as our ninth bishop at 11:00 am on Saturday, September 14, 2024 at Meydenbauer Center in Bellevue. The director of music for the Ordination and Consecration liturgy is looking for singers for the choir. Rehearsal takes place Friday night, 7-9 pm, and Saturday morning, 8:30-9:30. If you are interested or have questions, contact Fred McIlroy, fred@emmanuelmi.org.

Opportunities to serve at Edible Hope Kitchen this summer

Summer is a time when many of the regular volunteers take a well-deserved break--which means there's space in the kitchen for others to pick up a dish rag or help prepare a dish for the next day. If you have been considering taking a shift or two (or twelve!) in the kitchen, now is a great time to come by! Volunteers are welcome Monday through Friday, 8 - 11 am, or ask Bernadette when cooking takes place 'off-hours'.



St. Luke's
Episcopal
Church

5710 22ND AVE NW
SEATTLE, WA 98107
206.784-3119 • WWW.STLUKESSEATTLE.ORG

Liturgical Ministers

Presider and Preacher

Musician

Worship Assistant

Tech and Prayers

Lector(s)

Greeter

Altar guild

The Rev. Marda Steedman Sanborn

Theresa Redmond

Jennifer Avignon

Mike and Judy Heinrich

Bernadette Walcott, Jo Burkholder